



Plaza Hawaii Kai

☞ A Quality Condominium ☜

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March 2023

Board of Directors

The AOA Annual Meeting was held on Monday, March 13, 2023. The 2023-24 Board of Directors are:

Carl Shaad, President

Beth Tarter, Vice President

Jim Di Giambattista, Treasurer

Judith Cucco, Secretary

Richard Boyd, Director

Lesley Matsumoto, Director

Maxine Rutkowski, Director

Holiday Reminder

PHK's office will be closed and the staff have a holiday on **Monday, March 27**, in observance of Prince Kuhio Day.

Board Meeting

The next AOA Board Meeting will be held on Monday, April 10, at 6:30pm. Information on how owners can join the meeting will be posted in the lobby with the agenda prior to the meeting.

Upcoming Project – Parking Stalls Unavailable

The driveway at the entrance to the complex, the driveway

leading to the high-rise parking garage, and the driveway into the townhouse garage are scheduled for repair and seal-coating, starting April 18. Residents will need to find another place to park on certain days.

Below is the current schedule. Check the lobby message board for updates and alternative parking possibilities.

April 18, 8:00am-4:00pm

Driveways and access to all parking areas closed. If you may need to use your car, you will need to park on the street or somewhere else off-site.

April 19 at 8:00am to April 21, at 4:00pm

Parking stalls 160-181 (high-rise garage): no access.

April 25 at 8:00am to April 27 at 4:00pm

Parking stalls 1-59 (townhouses): no access

Your cooperation will be appreciated during this period as work is completed to protect and enhance PHK's roadways. Please contact RM Mike Bravo with any questions.

Being Good Neighbors Parking Stalls

Residents are expected to keep their parking stalls clean and tidy. Please do not store tables, chairs, boxes, coolers, cleaning supplies or other prohibited items in your parking stall. Please refer to the House Rules for a list of items that may be stored in the parking stalls.

Storage Lockers

Residents are also reminded that items should not be left outside of or on top of storage lockers. Please store belongings inside the storage locker and keep the surrounding area free of clutter.

Water Quality Information

The Department of Health publishes water advisories for area beaches go to: eha-cloud.doh.hawaii.gov

Newsletter & Lobby Message Board

Please enjoy the recipes from Temple Liebmann, and thoughts on living in Hawaii Kai, submitted by Bev Burden, on the back of this newsletter.

If you have suggestions for content or want to provide material for the newsletter please send these to RM Mike Bravo at plazahawaiiikai@hawaii.rr.com

Recipes from Temple Liebmann

Instant Pot Cabbage and Potatoes

1 head Cabbage
4-5 Potatoes
1 Polska Kielbasa or other
smoked sausage

Cut the Cabbage into quarters.
Wash and quarter the potatoes
Cut the sausage into "Coins"

Add all to the instant pot (using
the trivet under them to keep
them mostly off the bottom. (I
like to put the sausage on top)
Add ½ - 1 C water
Salt and Pepper all well

Close lid
Pressure Cook High for 5
minutes
Allow natural release for 10
minutes then hit the button to let
out the rest of the pressure

Serve with butter

Washboard Cookies

1/2 c. oleo
1 1/4 c. sugar, divided
1 egg
2 tsp. baking soda
1/2 tsp. salt
1/2 tsp. ground cloves
1/2 tsp. ginger
1/4 c. shortening
1/4 c. molasses

2 1/2 c. flour
1 tsp. cinnamon

Melt butter and shortening in
pan.
Pour into bowl, add 1 c. sugar,
molasses and egg, beat well.
Combine all remaining ingredi-
ents and mix into wet ingredi-
ents. Mix well.

Chill 2-3 hours.

Shape dough into balls roll in
remaining sugar. Place on
cookie sheet and flatten with the
back of a fork.

Bake at 325° for 12 minutes.

Lucky We Live Plaza Hawaii Kai!

Green space and blue space have a significant positive impact on communities and overall individual health. Green space and blue space provide respite from urban environments, calm the senses, and provide places to exercise, socialize, and relax.

When people have access to natural spaces, they are more likely to engage in physical activity. Additionally, green and blue spaces can help reduce stress, improve concentration, and improve overall physical health. Studies have shown that people who have access to green and blue spaces experience fewer illnesses and shorter hospital stays. Access to green and blue spaces can also help to reduce crime, improve community cohesion, and foster social inclusion.

We are fortunate that the Plaza Hawaii Kai has phenomenal access to both blue and green spaces. We are next to Keawawa Wetlands and Hawea Heiau, and are surrounded by Maunalua Bay, Koko Head, and Koko Crater. We have immediate access to nature reserves, parks and recreational areas, including Ka Iwi coast, Koko Head Park, Hanauma Bay Nature Preserve, and Sandy Beach Park. Additionally, we are located near numerous hiking trails, providing access to some of the most beautiful natural scenery in the state.

Lucky we live PHK!

Submitted by Bev Burden, RN, MPH